



GREETERS AND HOSTS

If you are volunteering to host please serve light refreshment.

If you arrive early and wish to greet - kindly welcome guests and invite them to sign the visitor's book.

All members are invited to serve your congregation by greeting and hosting. If you wish to volunteer, contact the editor or sign the sheet in the foyer.

Calendar

- Tues & Weds: Holistic Health Center
- Mon, Weds, Fri: Food Pantry
- 10/9 Board Meeting, 7pm
- 10/12 Tag Sale
- 10/12 Eclectic Cafe
- 10/13 Pancake Brkfst
- 10/13 Live Poets, Islip
- 11/24

Spiritual Exploration with Rev. Karyn O'Beirne

Upcoming

- 10/20 UUFSB Ministerial Installation

Submit articles for the next Newsletter by the **25th of the month** to fscad@optonline.net
Submissions welcome!

The Bay Watch

of the Unitarian Universalist Society of South Suffolk
28 Brentwood Road, Bay Shore, NY 11706-8011
631-968-0667 uusouthsuffolk.org uusss@verizon.net

October 2013

Statement of Mission

We, the Unitarian Universalist Society of South Suffolk, are a church fellowship that creates a safe home for all people in their spiritual search. We offer services of worship, religious education, and community outreach in an atmosphere that promotes serenity, compassion, mutual support and fun. We celebrate the inner spiritual spark that connects us all.

THANK YOU for turning off cell phones and please, no clapping during Service.

PLEASE NOTE There is no parking in the driveway during Service.

Worship begins at 10:30 A.M.

SERVICES OF WORSHIP

October 6: Laurie and Chris Filstrup Coming to Our Senses

We encounter the world through our senses, yet the life of the senses tends to be reactive, operating on a kind of automatic pilot. The speakers will investigate how we can relax into our senses, allowing them to enhance our spiritual quest for meaning with congregational participation.

October 13: Rev. Karyn O'Beirne-Conscious Evolution
Is it possible that humanity can participate in its own evolution? Is that what consciousness and self reflection are for? And how does Love, morality and Truth play a part?

October 20: Rev. Julie Newhall Moving In and out of Faiths

What better time to explore the unities and universals of spiritual and religious beliefs than in the days following the opening of the General Assembly and those leading up to United Nations Day on October 24? It is a season in which to reflect on the meaning of our hymn, "We Would Be One."

October 29 – Dave Chapman

Board Meeting – October 9, 7pm

If you have a special request or idea please come and add your voice to our ongoing debate and day to day decision making.

The Eclectic Cafe



The Eclectic Cafe, Saturday October 12 presents Bob Westcott and James O'Malley.

These two well known Long Island based finger style guitarists / singer-songwriters are Café favorites. They'll be swapping songs as well as doing a few songs together.

UUSSS 28 Brentwood Rd. Bay Shore.

Open mic 7:30, feature performer 8:30 pm. Please bring a non-perishable for donation to our in house food bank. electriccafe.org

UUSSS Tag Sale-October 12

Bring any items you would like to contribute to our Tag Sale fundraiser either the morning of the event or leave them in the front room prior. Please pre tag your items to avoid mislabeling. 8-3pm. Come down and pitch in if you're able.

Pancake Breakfast-October 13

Karen and Jack Finkenberg will host their second in a continuing series of Pancake Breakfasts, Sunday morning 10/13 starting at 9am. There will also be rolls, bagels, bacon, coffee and juice. Donation \$7.00 per person. Please contact Karen or Jack so that they can plan accordingly.

Live Poets Society – October 13

Meetings for gentle critique. If possible bring 10 copies of your poetry. All invited, some satisfied customers frequent our congregation. Islip Library 71 Monell Ave. Islip between 2 and 4pm.

Contact Noreen for more info
631-581-6740

Spiritual Exploration November 24

Our spiritual exploration group at UUSSS and facilitated by Rev. Karyn O'Beirne will be taking October off and continue 11/24, 1/26/14, 2/23/14, 3/23/14 and 6/22/14.

The book being explored together is *The Way of Liberation, A Practical Guide to Spiritual Enlightenment*, by Adyashanti, an American spiritual teacher who studied Zen Buddhism but has developed his own style of guiding seekers to their own liberation. You can order a printed book for \$10, or download an e-book for free at www.adyashanti.org. Other dates may be added as we settle into our exploration and discussion.

UUFBSB – Ministerial Installation

The congregation of the Unitarian Universalist Fellowship at Stony Brook requests the honor of your presence at the Service of Installation of our minister, The Rev. Margaret H. Allen, at 4:30 in the afternoon of Sunday, October 20, at the Fellowship 380 Nicolls Rd., East Setauket, NY (specific directions may be found at www.uufsb.org)

Congratulations to Kris and Joe

UUSSS members Kris Proeshel and Joe Mintz were married September 14 under a beautiful May Apple tree at Shadow Lawn, in High Falls New York. Our own Rev. Karyn O'Beirne officiated. I'm told it was a lovely, personalized ceremony that won many compliments. Husband and wife are currently on their honeymoon in Bali where activities included climbing the semi active volcano Mt. Batur for the sunrise. I join all UUSSS in wishing them all the best in their new life's journey, together.



Hymnal Quest

While we appreciate that you may have borrowed a hymnal in order to study all the hymns in an effort to be ready to sing out sweet and clear to any hymn called, we really need to round up and return any stray hymnals. If you happen to have one at home, in the car or wherever please return.

Committee Vacancies

Openings are available for a Board Member Trustee position as well as a Membership Chairperson. See any Board member with questions. If you would like to help with the Buildings and Grounds Committee or have any questions, suggestions or requests see Brian or Charlie.

Recyclables Cans in the Corner

The congregation has private carting which precludes UUSSS from recycling. When possible please bring a bag home.

T Shirts Still Available

Many thanks to Emily Napear for taking over the inventory and distribution of the new UUSSS T Shirts. If you don't have one yet, and why would you not, the new T-shirts are available in S, M, L, XL and children's M and L. Only \$12 with proceeds toward more UU Pocket Guides for new members. See Emily for more info.

U-SHARE 

Have something you want to get rid of but would prefer not to throw away? Please contact your editor with details regarding the item you wish to list.

Freethinkers AA Group

The Freethinkers AA group meets Thursday's 7:30pm in the comfy front room. Contact fscad@optonline.net for more info.

Hosting

If you are volunteering to host, please try to arrive a little early to set up the foyer for coffee and light refreshment. Also, kindly welcome members and guests and hand them a program. Invite guests to sign the visitor's book. If you wish to host please see a member of the board.

Friends and Membership

Thank you to all who have signed the information sheet in the foyer in order to be kept up to date on happenings and getting the Newsletter. For those who would like to inquire as to how to become a pledging member please talk with a board member, Rev. Karyn or a trustee.

Social Justice

Do you have a Social Justice issue that is of particular concern to you? Would you like to see others moved to action regarding the issue? See our Social Justice Director Jack Finkenberg to coordinate possible further action. Information on social justice issues and community topics can be found in the foyer. Check the wire basket and bulletin boards and feel free to take any of the items that interest you.

From the Editor- Busy weekend October 12th and 13th. Sell, listen, eat and or recite. Enjoy.

There are seven principles, which Unitarian Universalist congregations affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Connect with Lay Leaders
Office: 631-968-0667

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Ann Parmely

Social Justice

Jack Finkenberg

Newsletter Editor

Brian Whittaker

UUSSS

28 Brentwood Road

Bay Shore, NY 11706