



GREETERS AND HOSTS

If you are volunteering to host please serve light refreshment.

If you arrive early and wish to greet - kindly welcome guests and invite them to sign the visitor's book.

All members are invited to serve your congregation by greeting and hosting. If you wish to volunteer, contact the editor or sign the sheet in the foyer.

Calendar

- Tues & Weds: Holistic Health Center
- Mon, Weds, Fri: Food Pantry
- 1/8 Board Meeting, 7pm
- 1/11 Eclectic Café, 7:30
- 1/12 Live Poets, Islip Library 2-4pm
- 1/26/14 Spiritual Exploration with Rev. Karyn O'Beirne

Submit articles for the next Newsletter by the **25th of the month** to fscad@optonline.net
Submissions welcome!

The Bay Watch

of the Unitarian Universalist Society of South Suffolk
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January 2014

Statement of Mission

We, the Unitarian Universalist Society of South Suffolk, are a church fellowship that creates a safe home for all people in their spiritual search. We offer services of worship, religious education, and community outreach in an atmosphere that promotes serenity, compassion, mutual support and fun. We celebrate the inner spiritual spark that connects us all.

THANK YOU for turning off cell phones and please, no clapping during Service.

PLEASE NOTE There is no parking in the driveway during Service.

Worship begins at 10:30 A.M.

SERVICES OF WORSHIP

January 5: Dave Chapman – The Miracle

Dave asks us to consider that we look to our everyday lives to find the miraculous. That if we work to appreciate the beautiful, the remarkable, the subtle and the sometimes forgotten day-to-day events, experiences, activities and resources that constitute our lives, we will realize that we are surrounded with many miraculous people and events.

January 12: Agape Feast

As a prelude to our annual Agape Feast there will be a short service with gratitude for the life we share together. We will then break bread together.

January 19: Julie Newhall

The Eclectic Cafe

January 26: Rev. Karyn O'Beirne
Hildegard of Bingen

Hildegard of Bingen lived from 1098 to 1179. Hildegard used her voice to condemn church practices she disagreed with and promoted social justice. On October 7, 2012, Pope Benedict XVI named her a Doctor of the Church. Who is this woman and what can we learn from her in our efforts to bring about social justice?

December 14 – 7:30pm



Board Meeting – Jan 8, 7pm

If you have a special request or idea please come and add your voice to our ongoing debate and day to day decision making.

Live Poets Society – January 12

Meetings for gentle critique. If possible bring 10 copies of your poetry. All invited, some satisfied customers frequent our congregation. Islip Library 71 Monell Ave. Islip between 2 and 4pm. LPS will also be meeting January 12 and February 9 at the same time and place. Contact Barbara Donovan for more info 631-581-2214

The Eclectic Cafe, Saturday January 11 presents The Amigos Band who are collective dedicated to performing and creating American music through the traditions of collaboration and improvisation. Built on the belief that all strains of American music are branches of the same tree, they return to their roots and bring together every form from bluegrass to jazz, with intricate vocal harmony and a style all their own.

Open mic 7:30, feature performer 8:30 pm. Please bring a non-perishable food item for donation to our in house food bank. eclecticcafe.org

Spiritual Exploration – Jan 26

Our spiritual exploration group at UUSSS and facilitated by Rev. Karyn O’Beirne will continue 1/26/14, 2/23/14, 3/23/14 and 6/22/14.

The book being explored together is *The Way of Liberation, A Practical Guide to Spiritual Enlightenment*, by Adyashanti, an American spiritual teacher who studied Zen Buddhism but has developed his own style of guiding seekers to their own liberation. You can order a printed book for \$10, or download an e-book for free at www.adyashanti.org. Other dates may be added as we settle into our exploration and discussion.

Hymnal Quest

While we appreciate that you may have borrowed a hymnal in order to study all the hymns in an effort to be ready to sing out sweet and clear to any hymn called, we really need to round up and return any stray hymnals. If you happen to have one at home, in the car or wherever please return.

Piano Lessons - Erve Beiser

Lessons will be held in the Sanctuary. Suggested donation \$10. Please contact Erve if interested.

Committee Vacancies

Openings are available for a Membership Chairperson. See any Board member with questions. If you would like to help with the Buildings and Grounds Committee or have any questions, suggestions or requests see Brian or Charlie.

Recyclables Cans in the Corner

The congregation has private carting which precludes UUSSS from recycling. When possible please bring a bag home.

T Shirts Still Available

Many thanks to Emily Napear for taking over the inventory and distribution of the new UUSSS T Shirts. If you don’t have one yet, and why would you not, the new T-shirts are available in S, M, L, XL and children’s M and L. Only \$12 with proceeds toward more UU Pocket Guides for new members. See Emily for more info.



Have something you want to get rid of but would prefer not to throw away? Please contact your editor with details regarding the item to list.

Freethinkers AA Group

The Freethinkers AA group meets Thursday’s 7:30pm in the comfy front room, or RE room if necessary.

Contact fscad@optonline.net for more info.

Hosting

If you are volunteering to host, please try to arrive a little early to set up the foyer for coffee and light refreshment. Also, kindly welcome members and guests and hand them a program. Invite guests to sign the visitor’s book. If you wish to host please see a member of the board.

Friends and Membership

Thank you to all who have signed the information sheet in the foyer in order to be kept up to date on happenings and getting the Newsletter. For those who would like to inquire as to how to become a pledging member please talk with a board member, Rev. Karyn or a trustee.

Social Justice

Do you have a Social Justice issue that is of particular concern to you? See our Social Justice Director Jack Finkenberg to coordinate possible further action. Information can be found in the foyer. Check the wire basket and bulletin boards and feel free to take any items of interest.

From the Editor- The New Year blasted in menacingly with the thermometer at times on Saturday not recording any degrees fahrenheit. The quiet after the storm was a comfort with a few cars inching down snow covered roads, even the trains usual rumble was brought in check as it seemed to slide past the Penataquit crossing with only a muffled horn to announce it's passing.

There are seven principles, which Unitarian Universalist congregations affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Connect with Lay Leaders
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